

**Sunday, March 1.** Improve your “day-o” with this celebration of [Harry Belafonte](#) in honor of his 93<sup>rd</sup> birthday. [Apollo Theater](#).

**Monday, March 2.** Fight for creative freedom at this talk about [art in China](#) and the challenges of being an artist there, with two members of the radical group known as the “Stars.” [China Institute](#).

**Tuesday, March 3.** Live-tweet this talk on [#Hashtagactivism](#) and how marginalized groups use Twitter to their political and activist benefit. [The Strand](#).

**Wednesday, March 4.** Eat up this talk on our national [American cuisine](#) and its evolution—complete with tastings. [Mount Vernon Hotel Museum & Garden](#).

**Thursday, March 5.** Trek out to this talk on a failed [1793 expedition](#), which involved Thomas Jefferson and would have rendered Lewis & Clark obsolete—if one of the men behind it hadn’t been pulled into a covert spy mission instead. [Fraunces Tavern Museum](#).

**Friday, March 6.** Be on “pointe” at this one-day symposium on how ballet and [20<sup>th</sup> century ballerinas](#) have influenced the world of modern fashion. [Museum at FIT](#).

**Saturday, March 7.** Mark Women’s History Month with [Geographies of Gender](#), the theme of the March Target First Saturday at the [Brooklyn Museum](#).

**Sunday, March 8.** Make a splash at this panel discussion on the [fight for clean water](#). [Whitney Museum of American Art](#).

**Monday, March 9.** Spread information about the coronavirus outbreak at this event on the virus’s [economic impact](#) in China. [Asia Society and Museum](#).

**Tuesday, March 10.** Draw up a way to attend this digital showcase and salon on [American women artists](#) working before 1945.

**Wednesday, March 11.** Turn the page on this talk exploring the creation of [early American libraries](#) and how the slave trade and book trade were inextricably linked. [The New York Society Library](#).

**Thursday, March 12.** Harken to [a tale of two Elizas](#), as an art historian discusses famous artist Eliza Pratt Greatorex and the self-made Eliza Jumel, former owner of the lecture’s location. [Morris-Jumel Mansion](#).

**Friday, March 13.** Gallop over to this talk on how [running](#) literally changes your brain. [Rubin Museum of Art](#).

**Saturday, March 14.** Take a sip at this traditional [Japanese tea ceremony](#), performed in a hidden indoor Japanese garden on the Upper East Side.

**Sunday, March 15.** Pay a visit to the doctors as a pair of real-life ER MDs overshare in [Doctors Without Boundaries](#). [Caveat](#).

**Monday, March 16.** We’re certain you should attend this talk on [radical uncertainty](#) and what strategies we should adopt to combat unknowable outcomes. [Fordham University](#).

**Tuesday, March 17.** Expand your reading list by taking part in the [10<sup>th</sup> annual Irish Arts Center Book Day](#), in which volunteers and staff hand out 10,000 books by Irish and Irish-American authors for free around New York City. [Irish Arts Center](#).

**Wednesday, March 18.** Keep healthy at this panel discussion on [preventative health](#) and longevity, which will offer diverse perspectives from a physician, tech startup, biohacker, and a trainer. [Brooklyn Navy Yard](#).

**Thursday, March 19.** Invest in an evening lecture by Tom Shachtman, author of [The Founding Fortunes: How the Wealthy Paid for and Profited From America's Revolution](#). [Fraunces Tavern Museum](#).

**Friday, March 20.** Spice up your Friday with this talk on [Indian cooking](#) in America. [Symphony Space](#).

**Saturday, March 21.** Dance down to the Kitchen for this conversation with a group of [choreographers](#) about the arts space's dance programming in the 1980s-90s and its place within the broader dance world. [The Kitchen](#).

**Sunday, March 22.** Get [music on the brain](#) as psychology professor Aniruddh Patel gives a One Day University talk on how we process compositions, followed by live demonstrations performed by the Special Music School. [Merkin Concert Hall](#).

**Monday, March 23.** Achieve bliss at this talk on what [bliss](#) looks like in the brain. [Rubin Museum of Art](#).

**Tuesday, March 24.** It's a feat to attend this look at the science behind [sideshow attractions](#), from sword swallowing to the bed of nails.

**Wednesday, March 25.** Invest in this [walking tour](#) exploring the history of Wall Street. [Museum of American Finance](#).

**Thursday, March 26.** Keep it private that you're at this conversation with [Snowden's Box](#) authors Jessica Bruder and Dale Maharidge, about how they became behind-the-scenes players in the Edward Snowden drama, and what they learned about the demise of privacy in the digital age. [Greenlight Bookstore](#).

**Friday, March 27.** Act out at this talk on [silent-era scandals](#) in the early days of Hollywood. [The National Arts Club](#).

**Saturday, March 28.** Cross the East River for this special women-focused tour exploring the history of [Roosevelt Island](#) and its previous life as an island of institutions. [Boroughs of the Dead](#).

**Sunday, March 29.** Walk down [42<sup>nd</sup> Street](#) from east to west on this tour exploring the thoroughfare's Art Deco skyscrapers.

**Monday, March 30.** Speak out at this conversation on the secrets of [great communication](#) with actor Alan Alda and communication expert Steven Pinker. [92<sup>nd</sup> Street Y](#).

**Tuesday, March 31.** Learn the reality of NYC Muslims at a free Brooklyn Library screening of [American Muslim: A Film About Being Muslim in the Age of Trump](#).